

Dr. Tomi Lee Wall
POST LIQUID NITROGEN INSTRUCTIONS

You received treatment today with liquid nitrogen, which produces an extremely rapid freeze of the skin. This treatment is for a variety of skin conditions, including warts or actinic keratosis (sun damage or pre cancers).

AFTER YOUR LIQUID NITROGEN TREATMENT:

- Keep the area clean with soap and water.
- Do not scrub harshly or use irritating products on the skin til healed.
- If there is a blister, once the blister is broken, application of an antibiotic ointment such as polysporin, vaseline, or aquaphor will help prevent infection.
- A Band-Aid may be applied for protection.
- Ointment and band-aid should be reapplied daily til the scab or crust heals.
- You may apply make-up over the area only after a scab forms, but not before.
- There is usually minimal to no pain after the procedure. If you do have any discomfort, you may take some Tylenol.
- If you have any problems (such as increasing redness or tenderness), please contact our office.

WHAT TO EXPECT:

- The treated area and surrounding tissues may become red and swollen within an hour. In some cases, a blister or purple blood blister may or may not develop. Within 1-2 weeks the swelling will diminish, a scab will form if there was a blister, and the area should be well on its way to healing.
- If the lesion is not resolved 1 month after treatment, please contact our office to schedule a follow up appointment.
- Some medical conditions require repeated treatments once a month until resolution.